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ABSTRACT

A lubricant sheet for making a hole used for a printed circuit board, comprising an organic substance layer having a thickness of 0.02 to 3.0 mm and formed of a mixture (a) or a mixture (b) and a metal foil having a thickness of 0.05 to 0.5 mm,

said organic substance layer being formed on one surface of said metal foil,

said mixture (a) being a mixture containing polyether ester (I), a solid water-soluble lubricant (II) and polyethylene glycol (III) having a number average molecular weight of 200 to 600, and

said mixture (b) being a mixture containing said polyether ester (I), said solid water-soluble lubricant (II) and a liquid water-soluble lubricant (IV), and a method of making a hole which uses the lubricant sheet.